DRAGON BOAT RACE SCHEDULE

Morning Wakeup Races

Lane	Race 1
1	CITY OF ST. JOHN'S
2	TECHNIP
3	TOWN OF PARADISE
4	TEAM ORANGE WAVE

Staging: 8:30am - Race 9:00am

Lane	Race 2
1	NEW WORLD FITNESS
2	LAWTONS
3	SENSATIONAL WORK DRAGONS
4	TEAM BROKEN EARTH

Staging: 9:00am - Race 9:30am

Lane	Race 3
1	CELTIC HEARTH
2	EMCO
3	NL HYDRO
4	NL POWER

Staging: 9:30am - Race 10:00am

Lane	Race 4
1	FAMILY AND FRIENDS
2	BREATH OF FIRE YOGIS
3	MAGIC WOK

Staging: 10:00am - Race 10:30am

Second Chance Races

Lane	Race 5
1	EMCO
2	LAWTONS
3	TECHNIP
4	BREATH OF FIRE YOGIS

Staging: 11:00am - Race 11:30am

Lane	Race 6
1	CITY OF ST. JOHN'S
2	SENSATIONAL WORK DRAGONS
3	CELTIC EARTH

Staging: 11:20am - Race 11:50am

Lane	Race 7
1	TEAM BROKEN EARTH
2	TEAM ORANGE WAVE
3	NL HYDRO
4	FAMILY AND FRIENDS

Staging: 11:40am - Race 12:10pm

Lane	Race 8
1	NL POWER
2	TOWN OF PARADISE
3	NEW WORLD FITNESS
4	MAGIC WOK

Staging: 12:00noon - Race 12:30pm

Semi-Finals (Eight lowest average times from Wakeup and Second Chance races)

Lane	Race 9
1	1st TIME
2	3rd TIME
3	5th TIME
4	7th TIME

Staging: 1:00pm - Race 1:30pm

Lane	Race 10
1	2nd TIME
2	4th TIME
3	6th TIME
4	8th TIME

Staging: 1:20pm - Race 1:50pm

Final (Best four semi-finalists)

Lane	Race 11
1	3rd SEMI FINAL TIME
2	1st SEMI FINAL TIME
3	2nd SEMI FINAL TIME
4	4th SEMI FINAL TIME

Staging: 2:00pm - Race 2:30pm

THE AVALON DRAGON SPONSORS:

A 20-Paddle Salute to Avalon Dragons' Wonderful Partners - Thank You!

Dragon Partner *($20,000 yr for 3 yrs)*

Magic Wok Eatery 蘇記食家

Paddle Partners *($5,000 yr for 3 yrs)*

newfoundland labrador hydro – a nalcor energy company

Capital Fleet Repair & Collision Centre

vivid communications – creating brilliance

OCEANEX

Drum Partners *($1,000 - $4,999)*

Cansel Wade

Hallmark

Fabulous General Support

Town of Paradise

Boat Donors *(Gift of Dragon Boat, value $15,000)*

Pink Boat: Magic Wok Eatery, Tada Events, Our Divas
White Boat: Town of Paradise
Blue Boat: Fairview Investments Inc.
Green Boat: Pennecon Ltd.

TOWN OF PARADISE SPONSORS:

K-ROCK 97.5

HITS 99.1 FM

Kenwood Realty Ltd

Molson
Canadian Heritage
Coffee Matters
Aylward, Chislett & Whitten Law Office
Specialty Apparel

McDonalds Restaurant in Paradise
ACAN Windows
Octagon Development
Paradise Daycare
ThyssenKrupp Safway

For more information please contact:

Town of Paradise: **782-3570**

Avalon Dragons: **1-866-853-2865**

Paradise Running Club:
www.paradiserunningclub.com

PYSA Soccer Contact: **www.pysa.ca**

Paddle in Paradise

Saturday, July 28th

The Avalon Dragons

The Avalon Dragons is a team of breast cancer survivors bringing the sport of dragon boating to Newfoundland and Labrador. Dragon boating is a Chinese racing tradition and the fastest growing team water sport in the world. The team has generated a great deal of public attention here in Newfoundland and throughout Canada as the first team in North America to build its own boat.

Schedule of Events

Concession stands, games of chance, bouncy castles, face painting and prize give-a-ways throughout the day.

8:00am	Official Opening Ceremony
8:00am	Paradise Running Club Figure 8 Run
8:20am	Zumba Warm Up for participants and spectators
8:45am	Traditional "Awakening the Dragon" *Ceremony for two new dragon boats*
9:00am	Dragon Boat Races Begin *(Please see schedule for all race times)*
10:00am	Crime Stoppers Scavenger Hunt
10:00am	PYSA Under 10 Soccer Tournament *(Dianne Whalen Soccer Field)*
2:30pm	Dragon Boat Championship Race *Award Ceremony & Closing Ceremony following race*
5:30pm	Children's Theme Show *Including Famous Characters such as Dora & Elmo!!*
6:00pm	Celtic Fiddlers
7 - 11:00pm	Molson Canadian Refreshment Tent
7:15pm	Local Band YYT
8:30pm	Edison Lane Band
9:30pm	Fireworks
9:45pm	Best of the Brits Band

ADMISSION: Non-perishable food item in support of the Paradise/CBS Food Bank and/or loonies & toonies in support of the Avalon Dragons.

All activities will take place at Octagon Pond, Paradise other than the PYSA Under 10 Soccer Tournament which will be held at the Dianne Whalen Soccer Field.

There will be limited parking at the Town Hall, RPYCC and ACAN Windows. There will be no parking permitted along Topsail Road or at Octagon Pond.

Absolutely no smoking and pets have to be on a leash.

For more information on the Avalon Dragons:
www.avalondragons.com
or find us on Facebook.

Team members are great ambassadors for the message that people living with breast cancer can lead full, active lives - promoting public awareness of the role of exercise and healthy lifestyle in preventing breast cancer and lymphedema. They come from all backgrounds, range in age from their thirties to eighty, and are in various stages of treatment and recovery.

The team is working with the Town of Paradise to bring dragon boating to the Northeast Avalon so everyone can experience its fun and excitement. *Paddle in Paradise* 2012 is an important step in establishing an even larger annual festival that will attract breast cancer teams and competitive teams from across Canada, the U.S. and eventually from all over the world.